



Pedal Away

A community cycling initiative delivered by Cycling Projects.

cycling.org.uk

Contact Nancy on 07469 148245 or nancy.waine@cycling.org.uk for more info

£1
DONATION

East Lancashire

Pedal Away

Mondays - ride at 10am

HYNDBURN

**Eagle Street, Accrington,
BB5 1LN**

Steady 45 minute ride on greenways, canal paths and some quiet roads. Mostly off-road

**Mondays - 10am beginner track session*
1pm beginner ride**

*£5 or £2.50 for those who qualify for Refresh

BLACKBURN

Witton Park, BB2 2TP

10am-12 noon join us on the athletics track for an enclosed session to build confidence, stability and stamina in preparation to join the 45 minute beginner park ride at 1pm.

**Wednesdays - 10am park ride
11am beginner**

BURNLEY

Thompson Park, BB11 3QW

10am for new riders and those wanting to get back in the saddle. Those with a little more confidence can enjoy an hour's ride out on canals, greenways and quiet roads at **11am**

These rides are perfect for those wanting to get back in the saddle to refresh how to use gears and brakes whilst cycling on traffic-free routes and cycle paths.

Bikes and helmets are available or you can bring your own.



Find out more about the rides.

call us on 01925 234213
email: nancy.waine@cycling.org.uk

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